

Definition: **Rhythm** (RIH-thm) is how the notes are organized around the beat.

The **BEAT** is the steady pulse of the music like a heart**BEAT**

GAME TIME

Fruit Salad

For this game, you'll need a few people. Grab your parents, siblings, or anyone who's in your house with you.

How to play:

- Sit in a circle and start a beat by patting your hands on your lap followed by one clap (pat, clap, pat, clap, pat, clap).
- Say all of the following words together. Each word should be spread out evenly over one pat and one clap:
Strawberry , **Watermelon** , **Coconut** , **Mango**
- Continue the beat. Start by saying one word; then move clockwise around the circle. Your neighbor must say your word followed by a new word.

Example

All Players keep the beat (pat, clap, pat, clap) the whole time.

Player 1 says, "Strawberry."

Player 2 says, "Strawberry, Mango"

Player 3 says, "Mango, Mango"

Player 4 says, "Mango, Watermelon"

*You can repeat words. You can also add an extra pat and clap between people to slow it down.

LEVEL-UP: To make this game trickier, you can assign each player to a fruit. Players must say their own fruit first followed by another player's fruit. When you hear a player call your fruit, it will be your turn.

Example

Player 1 is **Strawberry**. Player 2 is **Watermelon**. Player 3 is **Coconut**. Player 4 is **Mango**.

All Players keep the beat (pat, clap, pat, clap) the whole time.

Player 1: Strawberry Coconut

Player 3: Coconut Watermelon

Player 2: Watermelon Mango

Player 4: Mango Coconut (and back to player 3 it goes!)

Learning Rhythm

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UTAH SYMPHONY
THIERRY FISCHER, MUSIC DIRECTOR

If we were to write out our fruit words rhythmically in our music,
this is how each one would look.

